



# *Postcards from the Loving Universe*

I am saying Yes to the Loving Universe

That which I am seeking, I already am

I am One with God I am One with All That Is

I am practicing Silence and growing in Peace

I am seeing that all is perfect in the world God has created

I am practicing Lovingkindness in every action

I am noticing the essence of God in everything

I am finding God in the Space between Breaths

I am seeing more and more ways to Thank God every day

**"God"**

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