



Moments of Inspiration

Ask, "Is this the best thing I could be doing right now?"

If not, how about _____?

(An action that will support who I choose to be.)

Sometimes we shut down here and say, "I doan wanna!"

Instead, maybe we can ~

Engage the Child,

Listen



Try to understand what the problem is.

Discover what can be done,

what will make it All Right

to do what we choose.

"Doing What We Choose"

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